

WEEK OF: \_\_\_\_\_

BUDGET: \_\_\_\_\_

SPENT: \_\_\_\_\_

# Grocery List

REMEMBER TO TAKE YOUR:

- COUPONS
- REUSABLE BAGS
- REWARDS CARD



**PRODUCE**

- 1 lb broccoli
- 1 bell pepper
- onions
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**MEAT AND SEAFOOD**

- 4 lbs ground meat
- 2 lbs sliced bacon
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**DELI AND BAKERY**

- 1 lb thinly sliced roast beef
- 4 baguettes OR hoagie rolls
- bread
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**EGGS AND DAIRY**

- sliced Provolone cheese
- butter
- milk
- grated Parmesan cheese
- large eggs
- heavy cream
- 1 lb smoked gouda cheese
- shredded sharp cheddar

**FROZEN FOOD**

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**CEREAL AND SNACKS**

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- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**BAKING AND SPICES**

- onion powder      paprika
- garlic powder      flour
- 1 box white OR yellow cake mix
- kosher salt      pepper
- 2 pkgs pistachio pudding mix
- brown sugar      Dream Whip
- ground ginger      dry mustard
- red pepper flakes

**CANS AND JARS**

- 1 can of beef consomme
- 1 can of tuna in water
- maraschino cherries, no stems
- sliced black olives
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**PASTA AND RICE**

- Minute rice
- 16 oz elbow macaroni
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**BEVERAGES**

- club soda / 7 UP / ginger ale
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**PET AND BABY**

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- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
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- \_\_\_\_\_

**CLEANING**

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- \_\_\_\_\_
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- \_\_\_\_\_

**PERSONAL CARE**

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- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**CONDIMENTS**

- horseradish
- pesto
- lite soy sauce
- BBQ rub
- BBQ sauce
- mayonnaise
- Worcestershire
- \_\_\_\_\_

**KITCHEN**

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**MISC.**

- boxed mashed potatoes
- canola oil
- sesame oil
- chicken bouillon cubes
- chopped walnuts
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_